

PLEASE SAVE THIS PDF BEFORE ENTERING ANY OF YOUR INFORMATION

Thank you for choosing Long Lake Camp for the Arts. Please be sure to read both this PDF and the one titled "2019 Information and Health Forms." Please return all forms to us within 30 days. Thank you.

This PDF includes the following forms we need completed and returned to us:

- Travel Questionnaire (includes all travel information)
- Parent Camper Questionnaire and Conduct
- Camper Bunk Request and Wish List
- Medical Center Form
- Meningococcal Response
- Apparel Order

You may need to update your PDF reader if the file does not open. They are all PDF's that have fields to fill electronically so you do not have to print these if you do not wish to. **Please follow the steps below to ensure your files are saved correctly before you email them to us.** Please do not send/share directly to us from Chrome or Safari as your data will not be saved and you will have to redo the forms.

1. Save this PDF first before you enter any fields.
2. Open the saved file, enter your details, re-save.
3. Review your saved file then email to LongLakeForms@gmail.com

They should all come in one email so you do not have to email individual forms to us. You are also welcome to print the forms and fax to 914-693-7684 or you can mail them to:

Long Lake Camp
199 Washington Ave.
Dobbs Ferry, NY 10522
USA

If mailing, please keep copies of all forms.

We appreciate you taking the time to complete these in 30 days. If you have any questions please call us on 914-693-7111, we are more than happy to help.

Thank you,

Marc and Susan Katz
marc@longlakecamp.com



2019 TRAVEL QUESTIONNAIRE

Please complete and return to LongLakeForms@Gmail.com

Camper (first & last name): _____



How is your camper getting to camp?

- (1st 3 wks) **Sunday, June 23 to Sunday, July 14** *Arrive June 23*
- (2nd 3 wks) **Monday, July 15 to Sunday, August 4** *Arrive July 15*
- (3rd 3 wks) **Monday, August 5 to Sunday, August 25** *Arrive August 5*
- (1st 6 wks) **Sunday, June 23 to Sunday, August 4** *Arrive June 23*
- (2nd 6 wks) **Monday, July 15 to Sunday, August 25** *Arrive July 15*

BUS....Please select which chartered bus pick-up location you wish below.
Your camper needs to bring a disposable lunch. There is an \$80 charge for the bus service. There is no return bus service at the end of camp. *Details about each location are available by scrolling down.*

- West Orange, NJ Queens, NY Yonkers, NY Clifton Park, NY

FLY.....**WE ONLY PICK UP AND DROP OFF AT ALBANY AIRPORT (airport code ALB).**
 Please complete “2019 Camper Itinerary” on the next page.

DRIVE....We are ready for campers to arrive **after 2:00 p.m.** *Scroll down for driving directions.*

If you choose BUS or FLY, please ship your camper’s bag via UPS so it arrives a few days before they do.



How is your camper getting home from camp?

- Sunday 6/23 to Sunday 7/14 **depart** with parent 7/14 @ 3:00 pm (7/15 12-3 pm if we take camper to ALB)
- Monday 7/15 to Sunday 8/4 **depart** with parent 8/4 @ 3:00 pm (8/5 12-3 pm if we take camper to ALB)
- Monday 8/5 to Sunday 8/25 **depart** with parent 8/25 8:30-9:00 am (8/25 11-3 pm if we take camper to ALB)
- Sunday 6/23 to Sunday 8/4 **depart** with parent 8/4 @ 3:00 pm (8/5 12-3 pm if we take camper to ALB)
- Monday 7/15 to Sunday 8/25 **depart** with parent 8/25 8:30-9:00 am (8/25 11 am-3 pm if we take camper to ALB)

DRIVE HOME... I am attending Visitors’ Weekend and taking my camper home with me at the end of the weekend in my own vehicle.

ALBANY AIRPORT...taken by our camp vehicle and our most-trusted staff.
 Please complete “2019 Camper Itinerary” on the next page.

Please see the rest of this document for important information about times of travel and directions for bus pick up locations.

WINTER: Tel 914-693-7111 Fax 914-693-7684 SUMMER: Tel 518-624-4831 Fax 518-624-6003 Email: Marc@LongLakeCamp.com	WINTER ADDRESS: 199 Washington Ave. Dobbs Ferry, NY 10522	SUMMER ADDRESS FOR US POSTAL SERVICE: P.O. Box 248 Long Lake, NY 12847	SUMMER ADDRESS FOR FED EX, UPS, DHL: 83 Long Lake Camp Way Long Lake, NY 12847
---	---	---	---

Please return all forms in one email to: LongLakeForms@Gmail.com



2019 Camper Itinerary

Please complete and return to LongLakeForms@Gmail.com

Only complete if we are providing transportation for your camper to and/or from Albany Airport

Camper's first and last name: _____

Session Dates

- Sunday, June 23 – Sunday, July 14
- Monday, July 15 – Sunday, August 4
- Monday, August 5 – Sunday, August 25
- Sunday, June 23 – Sunday, August 4
- Monday, July 15 – Sunday, August 25

PLEASE BE SURE TO CHECK THE TRAVEL QUESTIONNAIRE FOR FLIGHT DATES AND TIMES TO BE SURE YOUR SELECTED FLIGHTS ARE WITHIN THOSE TIMEFRAMES.

Getting to camp

Airline	Flight #	Arrives Albany at

Please tell your camper that when they arrive, all they need to do is to look for our welcoming staff – they will be in brightly colored t-shirts that clearly say “Long Lake Camp.” Our staff will ask your camper to call you to let you know that they have arrived safely.

Going home from camp

*If you are attending Visitors' Weekend and taking your camper home, please do **not** complete this section.*

Airline	Flight #	Departs Albany at

Please know that our most-trusted staff ensures your camper is checked in for their flight on time. Staff remain at the airport until your camper's flight is airborne for at least an hour. Please be sure all airline travel costs are paid in advance including the return-trip Unaccompanied Minor service if applicable.

WINTER: Tel 914-693-7111 Fax 914-693-7684 SUMMER: Tel 518-624-4831 Fax 518-624-6003 Email: Marc@LongLakeCamp.com	WINTER ADDRESS: 199 Washington Ave. Dobbs Ferry, NY 10522	SUMMER ADDRESS FOR US POSTAL SERVICE: P.O. Box 248 Long Lake, NY 12847	SUMMER ADDRESS FOR FED EX, UPS, DHL: 83 Long Lake Camp Way Long Lake, NY 12847
---	---	---	---

Please return all forms in one email to: LongLakeForms@Gmail.com

Long Lake Camp Travel Requirements

Please note the **only** ways to transport your child to and from Long Lake are the following:

1. Drive your child to camp yourself. You can pick them up at the end or we can take them to Albany airport to fly home.
2. Meet us at one of the chartered bus pick-up locations and we will take your child to camp. You can pick them up at the end or we can take them to Albany airport to fly home.
3. Have your child fly to Albany airport where we will meet them. You can pick them up at the end or we can take them back to Albany airport to fly home.
4. You can fly a private plane to Saranac Regional Airport then arrange for a private car service to be waiting for you. You can pick them up at the end or we can take them back to Albany airport to fly home.
5. Take a seaplane to land on Long Lake and dock at our beach. You can pick them up at the end or we can take them back to Albany airport to fly home.
6. Take a helicopter to land on our sports fields; please call us to get the coordinates so we can arrange a safe landing. You can pick them up at the end or we can take them back to Albany airport to fly home.

Very Important

- Albany is the only airport we can pick-up and drop-off at.
- We DO NOT pick up or drop off ANY campers from JFK, La Guardia, Newark, Montreal, Boston, etc.
- You must please call or email us with your itinerary BEFORE paying for your trip; we need to know the inbound and outbound days and times. We will make sure the dates and times are perfect so you can confirm your arrangements.
- If you make travel plans that fall outside of the requirements above we may cancel your enrollment with no refund.

Please note that we are always as accommodating as possible and we appreciate that families travel from very far away, but we must have very good communication from you about your travel plans to ensure a safe and speedy trip for your child. We appreciate your help in making travel go smoothly for your camper so they start and end camp on a great note.

TAKING OUR CHARTERED BUS TO CAMP

Please be courteous and respectful to Long Lake Staff; they are doing an extremely difficult job ensuring the safety of your children and need your full cooperation and support. **Please-Please DO NOT BE IN A HURRY. Plan to arrive 30 minutes before the bus is scheduled to leave.** It will take time to load the luggage and check attendance- **please help to make the beginning of camp enjoyable for yourself, your child and others. Your patience is expected and required. THERE MAY BE MANY CAMPS AT THE PICK-UP LOCATIONS. MAKE SURE THE BUS YOU ARE PUTTING YOUR CAMPER ON IS GOING TO LONG LAKE CAMP. OUR STAFF HAS LONG LAKE CAMP T-SHIRTS.**

For your safety:

- STAY ON SIDEWALKS, OFF THE STREET AND OUT OF PASSING TRAFFIC.
- WHEN BUSES ARRIVE, DO NOT APPROACH BUSES UNTIL THEY COME TO A FULL STOP AND A LONG LAKE STAFF MEMBER GIVES INSTRUCTIONS- BUSES MAY HAVE TO MOVE SEVERAL TIMES UNTIL PARKED CORRECTLY. **Please wait for instructions.**
- CHILDREN MUST BE ACCOMPANIED BY A RESPONSIBLE ADULT UNTIL BOARDING OF BUSES.
- MAKE SURE THE BUS IS FOR LONG LAKE CAMP- OUR BUSES WILL SAY "VANDERHOOF TRANSIT" ON THE SIDE AND HAVE "LONG LAKE" T-SHIRTED STAFF.

For your comfort and convenience:

- Be sure your camper has a disposable lunch for the trip - no cans or bottles please.
- If anything changes and you won't be using the bus pick-up location you chose on the Travel Questionnaire, please call us at 914-693-7111 and let us know right away.
- Limit the items your camper brings on the bus. We recommend for your comfort and convenience having UPS pick up your camper's duffel bag at your door. Average cost is \$60 and cross-country delivery takes only 3-5 days. Please visit: www.UPS.com or call 1-800-PICK-UPS (1-800-742-5877). At the end of camp you can then take the luggage home with you or we can help you arrange a UPS pick-up. Mailing address for shipping via UPS:

Long Lake Camp
(your child's first and last name), CAMPER
83 Long Lake Camp Way
Long Lake, NY 12847

If you have any questions please do call us on 914-693-7111 Thank you! Long Lake Camp For The Arts

WEST ORANGE BUS PICK-UP LOCATION (8:00 am)

Exact location for GPS: 18 Wilfred Street, West Orange, NJ 07052

The pick-up location is at the Vanderhoof Bus Company



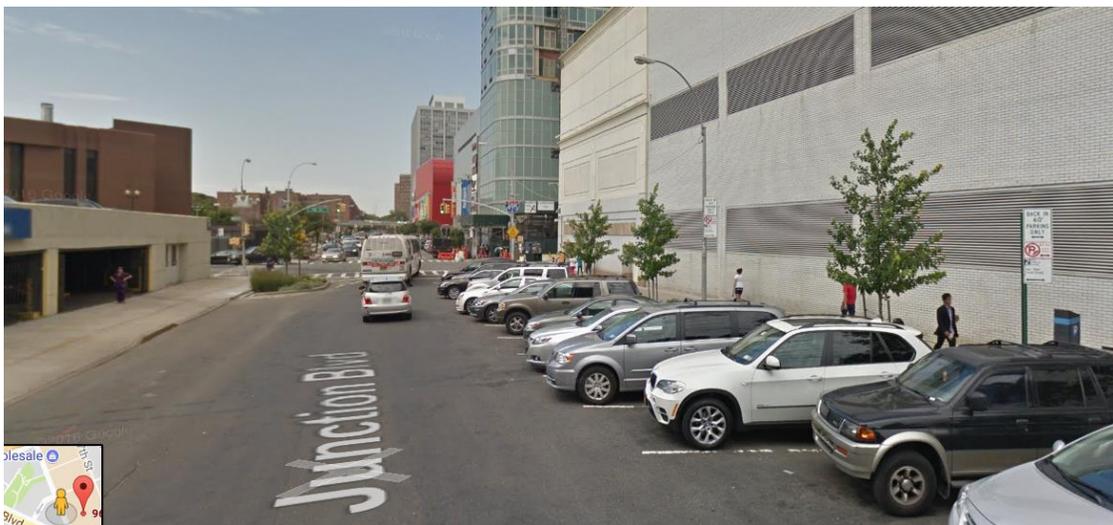
QUEENS BUS PICK-UP LOCATION (10:00 am)

Exact location for GPS: 9605 Queens Blvd., Rego Park, NY 11374

The pick-up is on Junction Blvd. (on the side of the old Sears building)

The address above is for the old Sears building.

Our buses pull up to the sidewalk on Junction Blvd.



If you have any questions please do call us on 914-693-7111 Thank you! Long Lake Camp For The Arts

YONKERS BUS PICK-UP LOCATION (11:00 am)

Exact location for GPS: **4010 Xavier Dr., Yonkers, NY 10704**

Cross County Shopping Center in front of the Super Stop & Shop

Please understand that the actual departure time might be later than 11:00 – all 3 buses meet in Yonkers after other stops and there may be delays due to traffic. We will not wait for campers arriving late to the bus as this delays the entire schedule for the day.

All campers must be present and checked in no later than 10:45 a.m. please.

GPS leads you to the Old Navy store across from Stop & Shop. Once you reach the Old Navy, turn left at the stop light to enter the Stop & Shop parking lot and bear to the right.



CLIFTON PARK PICK-UP LOCATION (~2 pm)

Exact location for GPS: **Clifton Park Rest Area, Clifton Park, NY 12065**

Clifton Park Rest Stop off New York State Northway (Rt. 87) between exits 9 & 10



Driving Directions to Long Lake Camp From Albany, NY

Exact location for GPS: 83 Long Lake Camp Way, Long Lake, NY 12847

NOTE: Please be sure to use Exit 23 for Warrensburg. GPS directions suggest Exit 24, but your trip will be easier and there are more options for gas, food, etc.

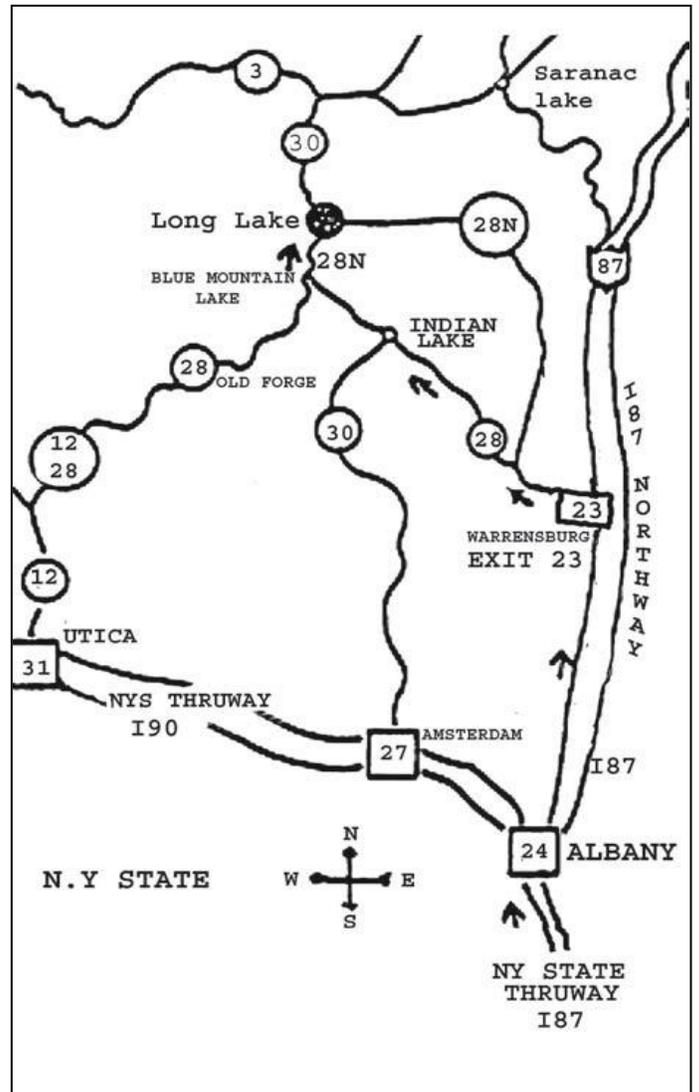
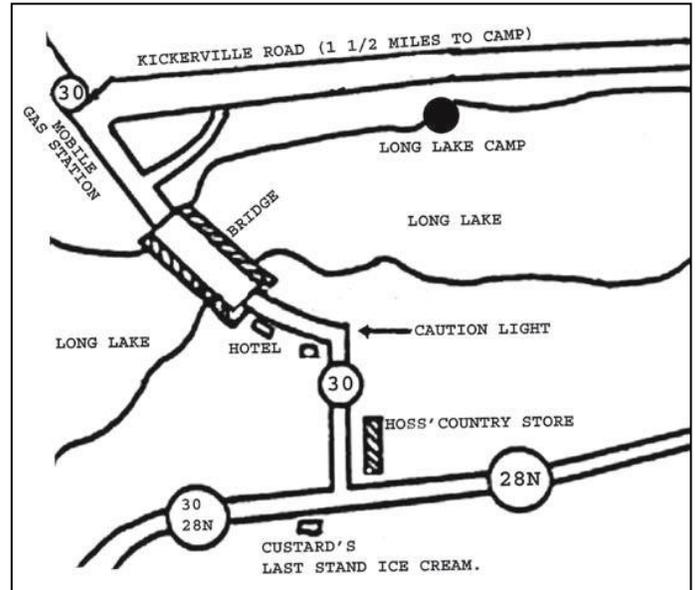
From the NEW YORK STATE NORTHWAY (Route 87) NORTHBOUND, take Exit 23:

- Turn left at stop sign, then right at stoplight onto Route 9 (at the McDonald's)
- Outside of Warrensburg, turn left onto Route 28 at flashing light
- Follow RT 28 through Weavertown, North River, Indian Lake. You'll go about 40 miles.

RT 28 circles around; always stay straight at any intersection for RT 28. Do not make any hard left or right turns onto anything marked 28N (28N will go to Long Lake too but it takes longer) At Indian Lake, 28 joins with RT 30- follow Routes 28 and 30 to Blue Mountain Lake, 11 miles.

- At Blue Mountain Lake, turn right at stop sign (stay on RT 30) at gas station (sign says Long Lake 11 miles).
- In Long Lake, turn left at the store "Hoss's Country Corner" and follow that road through town over large bridge.
- Turn right on 2nd road after bridge onto "Kickerville Road"
- Follow Kickerville road for about 2 miles, look for our sign on the right-hand side, "Long Lake Camp For The Arts." There is a big stone gate on the right.

On Visitors' Weekend, please park on the sports field. Any other time, please drive very slowly down the tree-lined road to the teardrop lawn. The office has a latticed entryway.



Flying TO and FROM Camp 2019

Before you book and pay for your flights, we urge you to please be sure to review the arrival and departure options below and call us to confirm the date and times. Please avoid any connections through Newark, NJ – they have the most flight delays/cancelled flights of any airport.

There is a \$80 charge for Albany airport pick-up. If you need us to also take your camper back to Albany for their flight home (if you can't join us for Visitors' Weekend), there is no additional charge.

DOMESTIC AND INTERNATIONAL CAMPERS FLY INTO ALBANY, NEW YORK

This is the closest airport to camp (only 2 hours south) and the airport code is **ALB**

As airlines practice tighter security – especially on international flights – passports with names that do not match exactly (letter-for-letter) can be refused at check-in time. This results in being refused boarding. All campers with foreign passports should have valid U.S. Visas. Countries with recent treaties with the U.S. that do not require such Visas place severe limitations on entering the U.S. that may not be able to be met without a Visa. We highly recommend obtaining a valid U.S. Visa.

PLEASE DO NOT PAY FOR FLIGHTS WITHOUT CONFIRMING DATES & TIMES WITH OUR OFFICE

If you're picking your camper up at the end of camp and planning to take a flight home from ALB, please be sure to allow at least 4 hours between the end of the Visitors' Weekend and the departure time of your flight.

Sunday, June 23 to Sunday, July 14 (1st 3 wks)

TO camp

Arrive ALB **Sunday 6/23** between 11:00 am and 6:00 pm
The ideal time is 1:00 pm

FROM camp if we are taking your camper to Albany

Depart ALB **Monday 7/15** between 12:00 pm and 3:00 pm

Monday, July 15 to Sunday, August 4 (2nd 3 wks)

TO camp

Arrive ALB **Monday 7/15** between 11:00 am and 6:00 pm
The ideal time is 1:00 pm

FROM camp if we are taking your camper to Albany

Depart ALB **Monday 8/5** between 12:00 pm and 3:00 pm

Monday, August 5 to Sunday, August 25 (3rd 3 wks)

TO camp

Arrive ALB **Monday 8/5** between 11:00 am and 6:00 pm
The ideal time is 1:00 pm

FROM camp if we are taking your camper to Albany

Depart ALB **Sunday 8/25** between 11:00 am and 3:00 pm

Sunday, June 23 to Sunday, August 4 (First 6 wks)

TO camp

Arrive ALB **Sunday 6/23** between 11:00 am and 6:00 pm
The ideal time is 1:00 pm

FROM camp if we are taking your camper to Albany

Depart ALB **Monday 8/5** between 12:00 pm and 3:00 pm

Monday, July 15 to Sunday, August 25 (Second 6 wks)

TO camp

Arrive ALB **Monday 7/15** between 11:00 am and 6:00 pm
The ideal time is 1:00 pm

FROM camp if we are taking your camper to Albany

Depart ALB **Sunday 8/25** between 11:00 am and 3:00 pm



2019 Camper Questionnaire and Conduct Agreement

Please complete, sign, return to LongLakeForms@Gmail.com

Camper (first & last name) _____

We're all passionate about you getting what you want every day at camp. We can only help you if you tell us what you want, so please let us know what you came to do; the more details, the better! Your Unit Leader helps you make choices after you arrive. You're not limited to these choices - use the Activity Sheet if you need ideas. Here is a little bit about the main departments:

- Theater** You can be in 1 theater show (please let us know if you prefer being in a musical or a play) PLUS you can be in many other shows as well including Improv, Music, Dance, Circus and Rock.
- Music** You can have individual lessons on instruments you already play or on ones you want to learn. Please let us know how many lessons you think you'd like per week (1-2 per week is typical). Either rent instruments from us (on the final invoice) or bring your own. Is it important for you to be in a music or vocal ensemble?
- Fine Arts** List all the different types of art you would most enjoy. If you're really passionate about Fine Arts, you can become a FAB Specialist.
- Film** Do you want to create your own film?
- Dance** What forms of dance would you definitely like to do at camp or learn? Do you want to perform in the dance show? Or take dance classes? Or do both?
- Circus** If you'd like to be in an act, we'll help you find one that suits you. If you're really serious about Circus, we do have a Circus Ace program.
- Rock Bands** You can be in a Rock Band – or a few! We'll help you form a band, rehearse, record and perform.
- Water Front** You can jump right in to many different watersports at our beautiful waterfront.
- Sports** You can choose from many recreational, non-competitive land sports.

I chose Long Lake so I can....

Conduct Agreement

I/we are aware that disruptive behavior, possession of liquor, cigarettes, weapons or illegal drugs at camp may result in my/my child's dismissal from Long Lake Camp.

Camper and Parents Signatures and date _____ Date / /

WINTER: Tel 914-693-7111 Fax 914-693-7684 SUMMER: Tel 518-624-4831 Fax 518-624-6003 Email: Marc@LongLakeCamp.com	WINTER ADDRESS: 199 Washington Ave. Dobbs Ferry, NY 10522	SUMMER ADDRESS FOR US POSTAL SERVICE: P.O. Box 248 Long Lake, NY 12847	SUMMER ADDRESS FOR FED EX, UPS, DHL: 83 Long Lake Camp Way Long Lake, NY 12847
Please return all forms in one email to: LongLakeForms@Gmail.com			



2019 Parent Questionnaire

Please complete, sign, return to LongLakeForms@gmail.com

Camper (first & last name) _____

Do you and your child agree on the activities your camper listed? Yes _____ No _____

** Campers make final activity decisions while at camp**

If no, please elaborate below:

If they take prescription medication, can they miss a single dose? _____

Instrument Lessons: In addition to Orchestra rehearsals, Jazz and Rock Band practice which may be every day, please check off the number of private music lessons desired per week (if time permits):

_____ 1 _____ 2 individual instrument lessons per week

Anything else we need to know to take great care of your child?

(special instructions, any mental therapy/behavioral history, special medical needs, limitations on activities)

Contact Information During Summer 2019

	Name	Phone #	Relationship
Who should Unit Leader call with weekly updates?			
Who should camper call on the weekly call night?			
1 st emergency contact			
2 nd emergency contact			
Who will pick up camper at the end of camp (unless we are taking them to Albany airport)			

WINTER: Tel 914-693-7111 Fax 914-693-7684 SUMMER: Tel 518-624-4831 Fax 518-624-6003 Email: Marc@LongLakeCamp.com	WINTER ADDRESS: 199 Washington Ave. Dobbs Ferry, NY 10522	SUMMER ADDRESS FOR US POSTAL SERVICE: P.O. Box 248 Long Lake, NY 12847	SUMMER ADDRESS FOR FED EX, UPS, DHL: 83 Long Lake Camp Way Long Lake, NY 12847
Please return all forms in one email to: LongLakeForms@gmail.com			



2019 CAMPER BUNK REQUEST

Please complete and return to LongLakeForms@gmail.com

NAME _____ AGE _____ GRADE _____ GENDER _____

To request being bunked with a friend, please fill out this form and we will do our best to accommodate you. We cannot always guarantee your request as age, grade, number of campers in each age group and session all have a bearing on the decision. We will do everything possible to grant at least one of your requests.

****** Please do not request a certain building/bunk or ask "NOT" to be with someone. ******

If you have previously given us your request, please also complete this form. Please confirm with the friend(s) you would like to bunk with that they have also filled out a request to bunk with you. All bunk requests are decided at camp on the first day of the session due to last-minute session changes. *Thank you.*

NAME OF FRIEND(S) YOUR CAMPER WOULD LIKE TO BUNK WITH

****We do ask that you limit your requests to two friends please****

1. NAME _____ AGE _____

2. NAME _____ AGE _____

2019 CAMPER WISH LIST

We are constantly trying to offer you and your family the very best summer imaginable. To help achieve this, please take a little time to tell us your five wishes for this summer. We want to know what will make this summer spectacular and unforgettable for you. Please do take this seriously as we truly want to be part of your summer successes and fun, while providing an exceptional experience for both our campers and parents. *Please tell us up to 5 wishes that - if they came true - would make camp perfect.*

CAMPER'S FIVE WISHES

- 1.
- 2.
- 3.
- 4.
- 5.

WINTER: Tel 914-693-7111 Fax 914-693-7684 SUMMER: Tel 518-624-4831 Fax 518-624-6003 Email: Marc@LongLakeCamp.com	WINTER ADDRESS: 199 Washington Ave. Dobbs Ferry, NY 10522	SUMMER ADDRESS FOR US POSTAL SERVICE: P.O. Box 248 Long Lake, NY 12847	SUMMER ADDRESS FOR FED EX, UPS, DHL: 83 Long Lake Camp Way Long Lake, NY 12847
Please return all forms in one email to: LongLakeForms@gmail.com			

2019 LONG LAKE CAMP MEDICAL CENTER PATIENT INFORMATION FORM

Please return **as soon as possible to LongLakeForms@Gmail.com** or within 30 days of enrolling.

Please sign the Assignment of Benefits and Release of Information below. This allows us to submit a claim for your child. **Enclose a copy (front and back) of your insurance card** and any pertinent insurance information we would need. Also send any claim forms you feel are necessary for your situation. Please email completed form to LongLakeForms@Gmail.com

CAMPER SESSION _____

CAMPER FIRST LAST NAME _____

CAMPER'S DATE OF BIRTH _____ (GENDER) _____

PARENTS (FIRST) _____ (LAST) _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

INSURANCE CARRIER _____

SUBSCRIBER'S NAME _____

SUBSCRIBER'S DATE OF BIRTH _____ SS# _____

INSURANCE ID# _____ GROUP # _____

ADDRESS FOR CLAIMS TO BE SENT _____

ASSIGNMENT OF BENEFITS

I AUTHORIZE PAYMENT OF MEDICAL BENEFITS TO THE UNDERSIGNED PHYSICIAN OR SUPPLIER FOR SERVICES DESCRIBED BELOW.

SIGNATURE _____ DATE _____

RELEASE OF INFORMATION

I AUTHORIZE THE RELEASE OF ANY MEDICAL INFORMATION NECESSARY TO PROCESS THIS CLAIM. I ALSO REQUEST PAYMENT OF GOVERNMENT BENEFITS TO THE PARTY THAT ACCEPTS ASSIGNMENTS BELOW.

SIGNATURE _____ DATE _____

PLEASE BE AWARE THAT YOU ARE RESPONSIBLE FOR ANY DEDUCTIBLE, NON-COVERED CHARGES OR MEDICINES.

PLEASE INCLUDE A COPY OF FRONT AND BACK OF YOUR INSURANCE ID CARD

WINTER: Tel 914-693-7111 Fax 914-693-7684 SUMMER: Tel 518-624-4831 Fax 518-624-6003 Email: Marc@LongLakeCamp.com	WINTER ADDRESS: 199 Washington Ave. Dobbs Ferry, NY 10522	SUMMER ADDRESS FOR US POSTAL SERVICE: P.O. Box 248 Long Lake, NY 12847	SUMMER ADDRESS FOR FED EX, UPS, DHL: 83 Long Lake Camp Way Long Lake, NY 12847
Please return all forms in one email to: LongLakeForms@Gmail.com			



MARC & SUSAN KATZ

199 Washington Avenue, Dobbs Ferry NY 10522

Tel: 914-693-7111

Fax: 914-693-7684

Marc@LongLakeCamp.com

September 1st 2018

Dear Parent: We have been asked to share this letter with you from the New York Department of Health.

We are writing to inform you about meningococcal disease, a potentially fatal bacterial infection commonly referred to as meningococcal meningitis. New York State Public Health Law (NYS PHL) §2167 and Subpart 7-2 of the State Sanitary Code requires overnight children's camps to distribute information about meningococcal disease and vaccination to all campers who attend camp for 7 or more consecutive nights.

Meningococcal disease is rare. However, when it strikes, its flu-like symptoms make diagnosis difficult. Meningococcal disease can cause serious illness such as infection of the lining of the brain and spinal column (meningitis) or blood infections (sepsis). The disease strikes quickly and can lead to severe and permanent disabilities, such as hearing loss, brain damage, seizures, and limb amputation, in as many as one in five of those infected. Ten to 15 percent of those who get meningococcal disease will die.

Meningococcal disease can be easily spread from person-to-person by coughing, sharing beverages or eating utensils, kissing, or spending time in close contact with someone who is sick or who carries the bacteria. People can spread the bacteria that cause meningococcal disease even before they know they are sick.

Anyone can get meningococcal disease, but certain people are at increased risk including teens and young adults 16 – 23 years old and those with certain medical conditions that affect the immune system.

The single best way to prevent meningococcal disease is to be vaccinated. The meningococcal ACWY (MenACWY) vaccine protects against four major strains of bacteria which cause meningococcal disease in the United States. The Centers for Disease Control and Prevention (CDC) recommends a single dose of MenACWY vaccine at age 11 through 12 years with a booster dose given at age 16 years. Children are not routinely recommended to receive MenACWY vaccine prior to the recommended ages, unless they have certain underlying medical conditions which increase their risk of disease. The meningococcal B (MenB) vaccine protects against a fifth strain of meningococcal bacteria which causes meningococcal disease. Young adults aged 16 through 23 years may be vaccinated with MenB vaccine and should discuss the MenB vaccine with a healthcare provider.

I encourage you to carefully review the attached Meningococcal Disease Fact Sheet. It is also available on the New York State Department of Health website at: <http://www.health.ny.gov/publications/2168.pdf>.

Information about the availability and cost of meningococcal vaccine can be obtained from your healthcare provider or your local health department. Long Lake Camp does not offer any vaccinations.

Long Lake Camp, INC is required to maintain a record for each camper, signed by the camper's parent or guardian, which documents the following:

- Receipt and review of meningococcal disease and vaccine information;
AND EITHER
- Certification that the camper has been immunized against meningococcal meningitis within the past 10 years;
OR
- An understanding of meningococcal disease risks and benefits of vaccination at the recommended ages and the decision not to obtain immunization against meningococcal meningitis at this time.

Please complete the enclosed Meningococcal Meningitis Vaccination Response Form and return it to: Long Lake Camp, 199 Washington Ave, Dobbs Ferry, NY, 10522. OR you can email to longlakeforms@gmail.com or fax to 914 693 7684.

To learn more about meningococcal meningitis and the vaccine, please consult your child's physician. You can also find information about the disease at the website of the Centers for Disease Control and Prevention: www.cdc.gov/vaccines/vpd-vac/mening/default.htm.

Sincerely, Marc and Susan Katz



2019 Meningococcal Response

Please complete and return to LongLakeForms@gmail.com

September 1, 2018

New York State Public Health Law requires that a parent or guardian of campers who attend an overnight children's camp for seven (7) or more consecutive nights, complete and return the following form to the camp.

The Centers for Disease Control and Prevention recommends two doses of MenACWY vaccine (Brand names: Menactra, Menveo) for all healthy adolescents 11 through 18 years of age: the first dose is given at 11 or 12 years of age, with a booster dose at 16 years of age. Children and adolescents with certain medical conditions may need to begin the MenACWY series at a younger age and/or receive additional doses. Consult with your child's healthcare provider regarding any medical conditions they may have.

If the first dose is given between 13 and 15 years of age, the booster should be given between 16 and 18 years of age. If the first dose is given after the 16th birthday, a booster is not needed.

Young adults aged 16 through 23 years may choose to receive the Meningococcal B vaccine series (Brand names: Trumenba, Bexsero). Parents/guardians should discuss the Meningococcal B vaccine with a healthcare provider.

Check one box and sign below.

I have received and reviewed the information regarding meningococcal meningitis. My child has received meningococcal immunization (Menactra or Menveo) within the past 10 years.

Date received: _____

OR

I have received and reviewed the information regarding meningococcal meningitis. I understand the risks of meningococcal meningitis and the benefits of immunization at the recommended ages.

I have decided that **my child**, who is **younger than 11 years of age**, will **not** obtain immunization against meningococcal disease at this time; or

I have decided that **my child**, who is **11 years of age or older**, will **not** obtain immunization against meningococcal disease at this time.

Signed: _____
(Parent / Guardian)

Date: _____

Camper's Name: _____

Date of Birth: _____

WINTER: Tel 914-693-7111 Fax 914-693-7684 SUMMER: Tel 518-624-4831 Fax 518-624-6003 Email: Marc@LongLakeCamp.com	WINTER ADDRESS: 199 Washington Ave. Dobbs Ferry, NY 10522	SUMMER ADDRESS FOR US POSTAL SERVICE: P.O. Box 248 Long Lake, NY 12847	SUMMER ADDRESS FOR FED EX, UPS, DHL: 83 Long Lake Camp Way Long Lake, NY 12847
Please return all forms in one email to: LongLakeForms@gmail.com			



Long Lake Camp For The Arts 2019 Apparel Order

Please complete and return to LongLakeForms@Gmail.com only if you wish to order apparel

Camper (first and last name) _____ Session _____

Dear Long Lake Family,

Many parents and campers in past years have appreciated our top-quality camp apparel. We are pleased to offer a selection of LONG LAKE CAMP FOR THE ARTS athletic wear if you wish. **All items ordered will be delivered to campers during their session.** Please remember that Long Lake is not a uniform camp and you are not required to purchase any of these items for the camp program. Please email the completed form to longlakeforms@gmail.com

		Youth M	Youth L	Adult S	Adult M	Adult L	Adult XL
Deluxe Tee Shirt - Navy	\$15						
Deluxe Sweatshirt- Navy	\$45						
Deluxe Hooded Sweatshirt – Navy	\$45						
Deluxe Sweat Pant – Navy	\$45						
Deluxe Cheerleader Shorts – Columbia Blue (Light Blue)	\$20						
Baseball Cap – Black	\$20			<i>One size fits all</i>			
Beanie Cap - Grey/Black	\$20						
Fleece Blanket with Logo	\$25	Please choose color:			Red Blue		

AMOUNT ENCLOSED PAYABLE TO “LONG LAKE CAMP” \$ _____

WINTER: Tel 914-693-7111 Fax 914-693-7684 SUMMER: Tel 518-624-4831 Fax 518-624-6003 Email: Marc@LongLakeCamp.com	WINTER ADDRESS: 199 Washington Ave. Dobbs Ferry, NY 10522	SUMMER ADDRESS FOR US POSTAL SERVICE: P.O. Box 248 Long Lake, NY 12847	SUMMER ADDRESS FOR FED EX, UPS, DHL: 83 Long Lake Camp Way Long Lake, NY 12847
Please return all forms in one email to: LongLakeForms@Gmail.com			